WEEK 1

STEP 1 Choose from...

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Homemade Pizza to go with Carrot and Coriander Salad, Homemade Potato Wedges	All Day Breakfast to go with Baked Beans	Roast Chicken to go with Broccoli, Carrots, Gravy	Diced Chicken Katsu Curry to go with Mixed Rice, Asian Cucumber Salad	Fish Fingers to go with Chips, Peas
Vegetarian	Roasted Vegetable Pasta Bake	-	Vegetable Cottage Pie to go with Broccoli, Carrots, Gravy	Vegetarian Katsu Curry to go with Mixed Rice, Asian Cucumber Salad	-
Combo	Jacket Potato to go with Salmon & Tomato, Mixed Salad with choice of fillings Baked Beans, Tuna Mayo	Pasta to go with Mixed Salad with choice of fillings Homemade Tomato & Basil Sauce	Jacket Potato to go with Mixed Salad with choice of fillings Baked Beans, Tuna Mayo	Pasta to go with Mixed Salad with choice of fillings Homemade Tomato & Basil Sauce	Jacket Potato to go with Mixed Salad with choice of fillings Baked Beans, Tuna Mayo
	Wrap to go with Mixed Salad, Homemade Potato Wedges with choice of fillings Tuna Mayo, Ham		Wrap to go with Mixed Salad with choice of fillings Tuna Mayo, Ham		Wrap to go with Chips, Mixed Salad with choice of fillings Tuna Mayo, Ham
Packed lunch	-	Packed Lunch - Box with Baked Tortillas & Homemade Salsa, Crunchy Vegetables and Flapjack to go with Tuna Mayo Sandwich on White, Ham Sandwich on White	-	Packed Lunch - Box with Baked Tortillas & Homemade Salsa, Crunchy Vegetables and Flapjack to go with Tuna Mayo Sandwich on White, Ham Sandwich on White	-
STEP 2 ...and to finish!	Apple Sponge	Apricot Flapjack	Homemade Caramel Biscuits	Syrup Sponge	Mango & Orange Iced Smoothie
	Fresh Fruit Pot, Jelly	Fresh Fruit Pot, Jelly	Fresh Fruit Pot, Jelly	Fresh Fruit Pot, Jelly	Fresh Fruit Pot, Jelly

Bread and Salad will be available at Lunch Times

Please speak to a member of the Catering Team or view relishschoolfood.co.uk for Allergen Information

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